

MRT Results for L. Yaniv, page 1 of 2

Physician: **Dr. Jack Pasula**

Patient: **Lesley Yaniv**

Identifier: **120921**

Profile: **MRT Test ML150**

Test Date: **02/22/2012**

Technician: **LS**



Signet Diagnostic Corporation

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FL License #: L800010492

CLIA ID #: 10D0914874

U.S. Patents: 6,114,174 6,200,815

Test Reaction Levels

Non-Reactive Moderately Reactive Reactive

Chemicals Reaction Level

SORBIC ACID	Non-Reactive
BENZOIC ACID	Non-Reactive
FRUCTOSE	Non-Reactive
FD&C YELLOW #5	Non-Reactive
POTASSIUM NITRITE	Non-Reactive
SODIUM SULFITE	Non-Reactive
ASPARTAME	Non-Reactive
POLYSORBATE 80	Non-Reactive
SALICYLIC ACID	Non-Reactive
SOLANINE	Non-Reactive
SODIUM METABISULFITE	Non-Reactive
FD&C RED #3	Non-Reactive
FD&C RED #40	Non-Reactive
LECITHIN	Non-Reactive
FD&C RED #4	Non-Reactive
SACCHARINE	Non-Reactive
CAFFEINE	Non-Reactive
IBUPROPHEN	Non-Reactive
FD&C BLUE #2	Non-Reactive
FD&C GREEN #3	Non-Reactive
PHENYLETHYLAMINE	Non-Reactive
FD&C BLUE #1	Non-Reactive
MSG	Non-Reactive
TYRAMINE	Non-Reactive
CAPSAICIN	Non-Reactive
POTASSIUM NITRATE	Non-Reactive
CANDIDA ALBICANS	Non-Reactive
FD&C YELLOW #6	Moderately Reactive
ACETAMINOPHEN	Moderately Reactive

Dairy Reaction Level

GOAT'S MILK	Non-Reactive
COTTAGE CHEESE	Non-Reactive
WHEY	Non-Reactive
YOGURT	Non-Reactive
COW'S MILK	Non-Reactive
AMERICAN CHEESE	Non-Reactive
CHEDDAR CHEESE	Non-Reactive

Flavor Enhancers Reaction Level

CAYENNE PEPPER	Non-Reactive
MINT	Non-Reactive
PAPRIKA	Non-Reactive
BLACK PEPPER	Non-Reactive
CINNAMON	Non-Reactive
VANILLA	Non-Reactive
CANE SUGAR	Non-Reactive
MAPLE	Non-Reactive
LEMON	Non-Reactive
MUSTARD	Non-Reactive
SESAME	Non-Reactive
GARLIC	Non-Reactive
OREGANO	Non-Reactive
LEEK	Non-Reactive
COCOA	Non-Reactive
COCONUT	Non-Reactive
CAROB	Non-Reactive
CUMIN	Non-Reactive
BASIL	Non-Reactive
GINGER	Non-Reactive
HONEY	Non-Reactive
PARSLEY	Non-Reactive
TURMERIC	Moderately Reactive
DILL	Moderately Reactive

Fruits Reaction Level

OLIVE	Non-Reactive
PAPAYA	Non-Reactive
GRAPE	Non-Reactive
PEAR	Non-Reactive
MANGO	Non-Reactive
APPLE	Non-Reactive
APRICOT	Non-Reactive
HONEYDEW MELON	Non-Reactive
RASPBERRY	Non-Reactive
CANTALOUPE	Non-Reactive
CHERRY	Non-Reactive
PINEAPPLE	Non-Reactive
PEACH	Non-Reactive
ORANGE	Non-Reactive
STRAWBERRY	Non-Reactive
BLUEBERRY	Non-Reactive
AVOCADO	Moderately Reactive
CRANBERRY	Moderately Reactive
BANANA	Moderately Reactive
WATERMELON	Moderately Reactive
GRAPEFRUIT	Moderately Reactive
PLUM	Moderately Reactive

Vegetables Reaction Level

ONION	Non-Reactive
TOMATO	Non-Reactive
GREEN PEPPER	Non-Reactive
SPINACH	Non-Reactive
CABBAGE	Non-Reactive
ASPARAGUS	Non-Reactive
YELLOW SQUASH	Non-Reactive
LETTUCE	Non-Reactive
ZUCCHINI	Non-Reactive
BEET	Non-Reactive
EGGPLANT	Non-Reactive
MUSHROOM	Non-Reactive
CUCUMBER	Non-Reactive
WHITE POTATO	Non-Reactive
CARROT	Non-Reactive
STRING BEAN	Non-Reactive
BROCCOLI	Non-Reactive
SWEET POTATO	Moderately Reactive
CELERY	Reactive
CAULIFLOWER	Reactive

Grains Reaction Level

AMARANTH (GRAIN)	Non-Reactive
BARLEY	Non-Reactive
MILLET	Non-Reactive
QUINOA	Non-Reactive
BUCKWHEAT	Non-Reactive
SPELT	Non-Reactive
CORN	Non-Reactive
OAT	Non-Reactive
RICE	Non-Reactive
RYE	Moderately Reactive
KAMUT	Moderately Reactive
WHEAT	Reactive

Seafood Reaction Level

TILAPIA	Non-Reactive
CATFISH	Non-Reactive
CLAM	Non-Reactive
SOLE	Non-Reactive
TUNA	Non-Reactive
CODFISH	Non-Reactive
SCALLOP	Non-Reactive
CRAB	Non-Reactive
SHRIMP	Moderately Reactive
SALMON	Moderately Reactive

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Meats & Poultry	Reaction Level
TURKEY	1
LAMB	2
PORK	3
BEEF	4
EGG	5
CHICKEN	6

Miscellaneous	Reaction Level
TEA	1
BAKER'S YEAST	2
COFFEE	3
HOPS	4
TAPIOCA	5
COLA	6

Beans/Nuts/Legumes	Reaction Level
PEANUT	1
LENTIL	2
SUNFLOWER SEED	3
CASHEW	4
HAZELNUT	5
PECAN	6
WALNUT	7
LIMA BEAN	8
SOYBEAN	9
GREEN PEA	10
ALMOND	11
GARBANZO BEAN	12
PISTACHIO	13
PINTO BEAN	14

Degrees of reactivity may not in all cases correlate with presence or level of clinical sensitivity to the food. Strongly positive results have been found to correlate with food reactivity. It is appropriate to eliminate foods with Reactive Scores. Moderately reactive scores should be evaluated by the physician or dietitian based upon patient history and frequency of consumption. After an appropriate period of elimination, reintroduce them one at the time under physician and/or dietitian supervision.

If negative foods have been consumed regularly before drawing the blood for the test, there is high probability that they are 'safe' and are not likely to provoke symptoms. If test positive foods are eliminated from the diet, these non-reactive foods reasonably could remain in the permitted diet during the elimination phase. The clinician or dietitian should remain alert to the possibility that any of these foods might provoke symptoms.



LEAP ImmunoCalm Diet Program - Food Reintroduction Schedule

Patient name:
Lesley Yaniv

Physician:
Dr. Jack Pasula

Identifier:
120921-0

Test date:
02/22/2012

Phase 1
DAYS 1 - 7

Phase 2
DAYS 8 - 12

Phase 3
DAYS 13 - 17

Phase 4
DAYS 18 - 22

Phase 5
DAYS 23 - 27

Proteins



TILAPIA
LENTIL
TURKEY
LAMB

CATFISH
PORK
CLAM
SOLE

BEEF
EGG
TUNA
CHICKEN

CODFISH
SCALLOP
SOYBEAN
CRAB

Starches



AMARANTH (GRAIN)
BARLEY

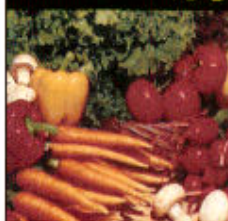
MILLET
QUINOA

BUCKWHEAT
SPELT

CORN
OAT

WHITE POTATO

Vegetables



ONION
TOMATO
GREEN PEPPER
SPINACH

CABBAGE
ASPARAGUS
YELLOW SQUASH
LETTUCE

ZUCCHINI
BEET
EGGPLANT
MUSHROOM

CUCUMBER
CARROT
LIMA BEAN
GREEN PEA

Fruits



OLIVE
PAPAYA
GRAPE
PEAR

MANGO
APPLE
APRICOT
HONEYDEW MELON

RASPBERRY
CANTALOUPE
CHERRY
PINEAPPLE

PEACH
ORANGE
STRAWBERRY
BLUEBERRY

Dairy / Miscellaneous



GOAT'S MILK
COTTAGE CHEESE

TEA
WHEY

COFFEE
YOGURT

COCOA
COW'S MILK

AMERICAN CHEESE
CHEDDAR CHEESE

Nuts / Seeds / Oils



OLIVE
PEANUT

SUNFLOWER SEED
CASHEW

HAZELNUT
SESAME

CORN
PECAN

WALNUT
SOYBEAN

Flavor Enhancers



CAYENNE PEPPER
MINT
PAPRIKA
BLACK PEPPER

CINNAMON
VANILLA
CANE SUGAR
MAPLE

LEMON
MUSTARD
SESAME
GARLIC

OREGANO
LEEK
COCONUT
CAROB

CUMIN
BASIL

LEAP ImmunoCalm Diet Program, Phase 6 - 3 Day Rotation Diet

Patient name:
Lesley Yaniv

Physician:
Dr. Jack Pasula

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Day 1

Day 2

Day 3

Proteins



BEEF
CATFISH
CRAB
LENTIL
SOLE
TURKEY

CHICKEN
EGG
LAMB
SOYBEAN
TILAPIA

CLAM
CODFISH
PORK
SCALLOP
TUNA

Starches



BUCKWHEAT
CORN
QUINOA

BARLEY
MILLET
SPELT

AMARANTH (GRAIN)
OAT
WHITE POTATO

Vegetables



ASPARAGUS
BEET
GREEN PEA
LIMA BEAN
ONION
SPINACH

CABBAGE
CUCUMBER
MUSHROOM
YELLOW SQUASH
ZUCCHINI

CARROT
EGGPLANT
GREEN PEPPER
LETTUCE
TOMATO

Fruits



APRICOT
CHERRY
GRAPE
OLIVE
PEACH
PINEAPPLE

BLUEBERRY
CANTALOUPE
HONEYDEW MELON
ORANGE
PAPAYA

APPLE
MANGO
PEAR
RASPBERRY
STRAWBERRY

Dairy / Miscellaneous



AMERICAN CHEESE
CHEDDAR CHEESE
COTTAGE CHEESE
COW'S MILK
WHEY
YOGURT

COCOA
GOAT'S MILK

COFFEE
TEA

Nuts / Seeds / Oils



CORN
OLIVE
PEANUT
SESAME

PECAN
SOYBEAN
WALNUT

CASHEW
HAZELNUT
SUNFLOWER SEED

Flavor Enhancers



BLACK PEPPER
CAROB
COCONUT
GARLIC
LEEK
SESAME

BASIL
LEMON
MAPLE
MINT
MUSTARD
OREGANO

CANE SUGAR
CAYENNE PEPPER
CINNAMON
CUMIN
PAPRIKA
VANILLA